

Autism Factsheet

Brief overview

Autism is a neurodevelopmental condition characterised by differences in social communication and behaviour.

Workplace considerations

- 1. Clear Communication** - Provide clear and explicit instructions, both verbally and in writing.
 - Minimize ambiguity in communication and expectations.
- 2. Accommodations for Sensory Needs** - Allow adjustments to lighting, temperature, or seating to accommodate sensory sensitivities.
- 3. Assistive Technology** - Allow the use of assistive technology that aids in communication or task completion.
- 4. Communication Preferences** - Respect and accommodate preferred communication methods where possible.
- 5. Flexible Work Schedule** – Where possible allow for flexibility in work hours or breaks to accommodate individual needs.
- 6. Training for Colleagues** - Conduct awareness training for colleagues to foster understanding and support.

Notable dates

Autism Acceptance day is 2nd April